

## MMS: Independent Review of Detoxifying Claims

By Dr. Edward Lias

An [html browser version of this article is at http://mmsarticle.com/](http://mmsarticle.com/).

MMS is fast becoming an urban legend, a wonder-drink claiming it can kill any germ in your body. This possibility appeals to free-spirited people - those who are willing to "try things" - recluse experimenters - and the rest of us who secretly innovate at every opportunity.

We know there are people who put beer and corn syrup on flowers to make them bloom better. People who collect grass clippings and cover them with vodka for seven days to make underarm deodorant paste. People who spray chewing tobacco tea, mouthwash, and shampoo on the lawn to create an imagined "green lawn paradise."

So don't be surprised to learn that each month 11,000 new people buy little bottles of a standard water-purifying solution, mix it with lemon juice, and drink it twice a day. They sincerely believe the concoction will prevent and maybe even cure colds, candida, and cancer. They justify this by saying - "If it does no harm, then what does it matter if I drink this funny formula somebody wrote about on the internet?"

If you haven't heard of "MMS" before, you soon will. This fad is spreading without any TV advertising because the internet promotes it perfectly. No MLM is involved. No recruiting, no matrix games, no subscriptions - just word of mouth. Dozens of web sites spread the MMS cult-gospel quite effectively - and they take orders, of course, even though there's not much money to be made from it. The people selling MMS must actually believe in it.

Privately we've all tried improvisations and sometimes find pleasure being non-conformists in little harmless ways. At two cents a dose MMS may become a harmless fad - an imagined cure for all illnesses. I read that eggplant cures cancer. Then I read about how four apricot seeds each day will prevent cancer. So maybe MMS will cure or prevent bad bugs from bringing down playful people who drink MMS even when they're in perfect health. Fortunately It's too cheap for corporations to bother complaining about.

As usual, MMS is promoted with wild claims - that's part of any new fad - proclaiming with hyperbole that MMS almost always sometimes cures almost any ailment in a few hours, weeks, or months - except for maybe a few Ebola-like diseases that haven't been tested yet. At least, you can envision these possibilities.

This writer observed the MMS phenomena about October, 2007. Brainwashed with advanced academic degrees I thought I would be capable of detecting clever deceptions out there. Being familiar with the precision that underlies statistical analysis, I thoughtfully launched my own independent analysis of this upcoming urban legend. Yes, I bought a \$20 bottle of MMS water purifying solution through the internet - a one-year supply.

There were no monthly fees or annoying club-like involvements. On the instruction page I

read about how to use MMS to purify water, but was also informed that some people "voluntarily improvise with MMS." They mix and drink it to flush toxins out of their bodies. At least it's not chewing tobacco tea.

Instructions empowered me to set my own schedule and dosage. Within limits, I'm supposed to set the pace of my advancement into perfect health, although I was and still am in good health. Fine print suggested I should at least get on to a "maintenance mode low-level dosage, because you never know which bug might be prevented from hatching and colonizing.

Most of the world's killer diseases are caused by viruses, bacteria, parasites, or fungi that find a home in the human body. If the immune system could be boosted radically, or could be provided with a blood-stream chemical that would find and destroy those terrible pathogens, human suffering would be vastly diminished. Let's look at this seriously now.

**MMS makes the claim of being the ultimate weapon for the immune system's arsenal - the long awaited missile that gives it unfair supremacy over germs and pathogens that accumulate in our bodies.**

As medical professionals gradually gain understanding of MMS - what it is and what it does, grant monies will be used to design experiments, oversee blood tests, control clinical studies, and write papers that support or belittle the hard-to-believe claims of this "broad spectrum" germicide. That's already happening.



Meanwhile, operating quietly under the radar, the inventor, Mr. Jim Humble, began in 2001 to administer MMS to human volunteers. With little fanfare he created MMS initiatives in various countries, trained local clinicians, and administered MMS to thousands of people.

It's his five year tour that gives rise to the now unstoppable urban legends about MMS. It's claimed to have destroyed (eliminated) diseases for over 75,000 people in various countries. Jim Humble administers a weakened solution of sodium chlorite, lemon juice, and water. After people drink it, the solution produces small amounts of chlorine dioxide gas in the stomach. Hours or days later, blood tests show complete absence of the diseases.

As an analogy, soda beverages release useless carbon dioxide gas in the stomach, showing that there's nothing unusual about drinking liquids that release gas in the stomach. But the gas produced by MMS is highly attractive to red blood cells. They absorb it with greed and circulate it throughout the body.

The claim is that MMS chlorine dioxide gas in the blood stream boosts the immune system immensely, vastly resulting in breathtaking health improvements. The mysterious human immune system directs MMS gas to "destroy by explosion" any or all of the known viruses or bacteria wherever it finds them throughout the body. Or so it is claimed. 75,000 people got this treatment with MMS between 2001 and 2006.

For persons who haven't heard about this two-cent-per-dose germicidal agent, a twenty

dollar bottle can be purchased from many sites on the internet because MMS is actually a water-purifying chemical similar to what children (and adults) take on camping trips. Some cities purify city water with this chemical because it produces fewer leftover toxins when it does its purifying action - unlike other methods that purify water primarily with chlorine.

When new healing substances are discovered, governments usually require corporations to test their new pill, injection, or medicine on animals. Then government agencies pay those corporations big dollars to prove through their own corporate double-blind tests that their new drug is probably not harmful to humans. Testing the absolute effectiveness of the a new medication is sometimes of secondary importance.

With MMS, however, we have a rare situation where thousands of people in many countries are now simply buying a \$20 bottle of MMS water purifier, mixing it according to special directions [\[http://killthevirus.com/MMS-protocol.htm\]](http://killthevirus.com/MMS-protocol.htm) in their kitchens and then they drink it in various amounts, morning and evening to rid their bodies of pathogens - even those that have not had time to colonize.

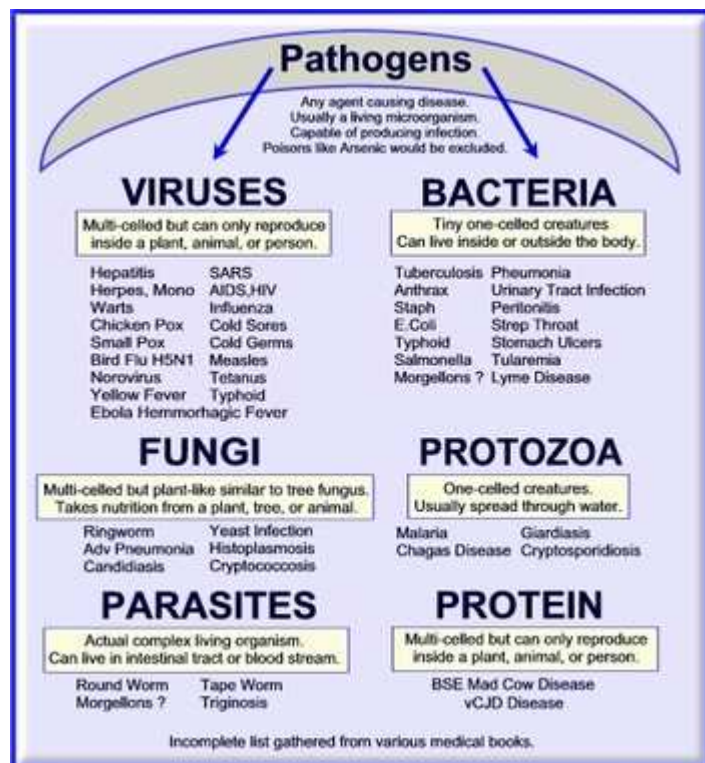
The pathogen chart classifies the primary causes of illness. Once pathogens gain entrance to your body, many of them lead to early death if left to run their course.

Even flu or pneumonia is a killing disease when left untreated. It's obvious that if a chemical could destroy some or many items on this list, it would be of importance to all of humanity. Millions of people die each year from malaria, cholera, TB, parasites, and all the others. A white PDF paper regarding five top killer diseases is available at

[\[http://mmsDetox.com/MMS-killer-diseases.pdf\]](http://mmsDetox.com/MMS-killer-diseases.pdf)

MMS clinical testing began in 2001, overseen largely by the inventor himself. Children and adults who tested positive for advanced malaria, for example, would often within two days, show complete blood-absence of malaria after several doses of MMS they claim.

Because of these experimental outcomes, if they continue to be verified, then MMS will join a rare list of universal germicidal agents available to the public. The competing broad-spectrum killer-agents in the battle against diseases would include:



| List of agents claiming to be broad anti-bacterial agents:  | Reviewed Positively Here   |
|---|--|
| 1. MMS chlorine dioxide gas - a chemical germicide for both external and internal use.  | <a href="http://MMSsuperSite.com/MMS-book1.pdf/">http://MMSsuperSite.com/MMS-book1.pdf/</a><br>by the inventor Jim Humble  |
| 2. Colloidal silver used internally and externally. Not ionic silver.   | <a href="http://CoAgree.com/silver.pdf">http://CoAgree.com/silver.pdf</a><br>by Patrick Bellringer   |
| 3. Oxygen/Ozone/Hydrogen Peroxide therapies - both external and internal use.   | <a href="http://www.oxygenmedicine.com/externalappsozone.html">http://www.oxygenmedicine.com/externalappsozone.html</a><br><a href="http://www.appliedozone.com/">http://www.appliedozone.com/</a> |
| 4. Chelation therapies of various types - mostly for internal use via drip methods in doctor's offices. Any above can be given intravenous. | <a href="http://www.drcranon.com/chelation.htm">http://www.drcranon.com/chelation.htm</a><br><a href="http://awakennutrition.com/">http://awakennutrition.com/</a>                                 |

The contents of this article were reviewed at length on the phone with Jim Humble, the inventor on two occasions. We lingered especially on the places where the chemistry of MMS is described. He assisted with accuracy and was extremely cordial, giving considerable time as we viewed the article on computer screens - while worlds apart.

**Are there convincing factors supporting claims that MMS provides broad-spectrum destruction of viruses and other pathogens?**

**FACTOR ONE: For seventy years chlorine dioxide gas cleansers have been recognized as the most powerful germicidal agents.**

When you need a serious "wash-down" - like detoxification of ships, hospitals, clinics, train stations, airports, or public institutions, chlorine dioxide cleansers have been known as the sterilizing agent created in heaven for earthly clean up. It will even remove skunk odor from your car tires - or out of your hair.

Since about 1945 chlorine dioxide continues to be used widely by institutions and in homes when radical cleansing of ceilings, walls, tables, duct pipes, and public bathrooms is needed.

Cruise ship business suffers badly when news spreads that half the vacationers on a cruise got a stomach virus and had to leave the cruise early. Few people will risk signing up for the next cruise unless there's assurance that serious detoxifying procedures were executed. Chlorine dioxide cleansers are touted to be the strongest anti-bacterial cleansers and sterilizers on the planet.

Similarly, if anthrax was blown through your office duct pipes - deposited invisibly on walls and desks, you'll want assurance that something more than a handy-wipe was used to destroy virulent anthrax pathogens. Until assured, don't go back to the office. Chlorine

dioxide products did that cleaning job without question in US government offices.



**DioxGuard™ Spray Disinfectant**  
One of many chlorine dioxide-based products.  
More are visible on the product page at  
<http://FrontierPharm.com/index.php>

These types of cleaning products are a bit awkward to package because they have to merge two liquids just before they're used. When mixed, the resulting liquid slowly emits the detoxifying gas. That gas is the agent that practically guarantees destruction of every unwanted germ it encounters - whether polio, anthrax, heavy metals, viruses, parasites, mold, bacteria - and probably any new virus-variants yet to come.

As some of the gas drifts through the air, it's attracted to airborne pathogens and kills them "dead" with a violent exchange of electrons.

The photo displays one such cleaning product. The dual dispenser design indicates that just like MMS, the sodium chlorite (or similar chlorite) must be mixed with a mild acid such as vinegar, lemon juice, or citric acid. Then it becomes activated. You can see quite a variety of these "household" products on one page here [\[http://frontierpharm.com/index.php\]](http://frontierpharm.com/index.php).

The MMS inventor, Jim Humble stated in his books that "MMS is an oxidizer. That's all it is." True. Just as pathogens flee in the presence of oxygen so also MMS seeks non-breathing germs and viruses to destroy them. Chemically it sucks four or five electrons from the walls of viruses to satisfy the hungry molecule. Less powerful than oxygen, it goes deeper and gets to places that oxygen therapies can't get to due to the too-aggressive action of oxygen. You don't want living cells to be harmed - which is the reason that antioxidant vitamins are used in an effort to prevent living body cells to remain unharmed by oxygen. MMS is a "low amperage" oxidant that perfectly ignores living cells - seeking anything that is non-breathing and therefore foreign to the body.

Outdoorsmen and campers use similar products to purify water. Pills or powders are packaged for children to dissolve in water to purify it. Ingredients merge, producing a small amount of chlorine dioxide which then purifies pond water, muddy water, urine, or odorous water so that you can drink it - if used as directed. Thus, it's not unheard of for people to take this substance internally in weakened form - as when we drink purified water.

Less interesting, but as mentioned above, some cities use chlorine dioxide systems to purify city water - which we also take internally.

As a clincher, chlorine dioxide has been approved as a food additive for many years. This is not as bad as it may at first appear. You can picture meat, cheese, or other food products about to be sealed in plastic or other containers. Don't think about the hands that touched it last, or what it probably picked up from the wooden cutting board or carving knives just before packaging.

Rather, think about how a wisp of chlorine dioxide gas could be inserted into the package just before sealing it air tight. If there are pathogens or bacteria present, they will, over time, be properly disintegrated by chlorine dioxide molecules. This is a well-known method of sanitation that causes no harm to food, and may prevent salmonella or other food impurities from ending up in your refrigerator. It's far better than irradiation or microwave sanitation methods that disorganize inner DNA and cell structures.

In summary, I'm suggesting that there is an undisputed basis for using chlorine dioxide in the health and wellness industries. There's total agreement on its effectiveness when used to spray walls, sponge ships, and execute the destruction of unwanted germs or pathogens in the name of public health. This factor helps support the "wild" MMS claims regarding its effectiveness.

## **FACTOR TWO: Medical research supports the claim that MMS is a proven detoxifying agent.**

When the human immune system is energized and boosted by MMS, red blood cells are armed with bullet-like weaponry - the long-range kind. The MMS sleuth molecules are directed to go and destroy pathogens.

It's important to understand what MMS does not do. MMS takes bad things out, but doesn't put anything back in. It takes out foreign unwanted germs and heavy metals that found a cozy home in muscles, brains, intestines, livers, and nerves. It does no harm to normal body cells - they are of no interest to the gas. But when it comes near any non-breathing anaerobic cells, or pathogens with an off-balance ph level, electrons are suddenly exchanged in a thunder clap. Bang and the pathogens are electrocuted, exploded, and oxidized to pieces.

The MMS gas molecule sacrifices itself in the killing, leaving behind a tiny trace of water and table salt. Unhappy virus cell walls curl up and are carried as debris by the blood stream to the liver, marked for delivery to the dump.

That's the end of MMS's contribution. No vitamins are deposited. No nutrients are supplied. There's no miraculous recovery of missing body parts. No new teeth will replace missing teeth. If your bald head sprouts hair again, you must have bought a wig. If MMS stopped leprosy completely, it still would not cause a missing finger or nose to grow back - unless the immune system arranges its own surprise blessing.

Here's the basic rationale under FACTOR TWO: Medical science has known for a long time that oxygen is an effective germicide and antibacterial agent. There are many health treatments where doctors attempt to send increased oxygen directly to parts of the body where tumors are found or where cancers are growing.

A computer search for "oxygen therapy" yields over one million web pages that refer to this topic. There are even hyperbaric chambers where you can enter and sit in slightly higher air pressure with a higher percentage of oxygen in a closed chamber so that the benefits of oxygen are available to all body cells. This is well researched and recognized.

There are at least 60 types of cancer, but nearly all of them are composed of cells that stopped normal use of oxygen. They don't maintain life by ingesting oxygen to grow and reproduce. Instead these deviant cells are triggered to reproduce wildly without use of oxygen, using sugars to enable their rapid reproduction plus nutrients from blood or from surrounding tissues.

Therefore one style of nonstandard cancer therapy has been to supply increased oxygen to the blood stream and when possible directly to the tumor or area involved because those non-breathing cancer cells are now vulnerable and unhappy in the presence of oxygen. Oxygen can sometimes oxidize cancer cells to death plus some living cells as well given it's too-aggressive action.

Under that treatment, maverick cancer and tumor cells sometimes retreat, losing mass. Alternative health journals often describe and promote these types of therapy. Hydrogen peroxide is sometimes used in innovative ways to provide increased oxygenation. Even ozone is sometimes used, and also "stabilized oxygen" available in drug stores.

Jim Humble (MMS inventor) describes in two books the circuitous path of trial and experimentation that eventually led to the current MMS suggested protocol. Jim had reason to live (at times) in remote jungle areas and he had to maintain his own health and coworkers health in tropical disease-ridden areas. He always carried "stabilized oxygen water" (from the drug store) on those lengthy jungle trips. He was often called upon to administer experimental amounts of stabilized oxygen to some very sick coworkers. There were times when startling recoveries occurred and other instances where no improvement was manifested.

You can read the details of these experiments and the variety of illnesses that were common in sick volunteers between 1998 and 2001. Various experiences gradually led Jim to the surprising MMS solution that we have today - endowed now with consistent healing results. Click [\[http://selfarise.com/MMS-book1.pdf\]](http://selfarise.com/MMS-book1.pdf) if you wish to download Humble's 127 page book "breakthrough" in PDF format (no charge).

The factor that justifies all those improvising experimenters who take MMS internally is that MMS is a much safer "oxidizer" than oxygen. Many times over in fact. The bloodstream picks it up just as readily as oxygen. In circulation the MMS molecules float past living cells because they have no excess electrons to give up. When MMS eventually encounters a pathogen, the instant clap of an electron exchange devastates the pathogen. MMS rips four or five electrons from pathogen cell walls with a high-voltage lightening stroke.

Medically this has a sound basis in chemistry, a rational basis for detoxifying. Give the immune system what it wants - a few sleuth-like MMS bullets that it can use to clear out cob webs - directed by the immune system, now boosted into extraordinary efficiency.

There's a staggering amount of research literature about blood oxygenation, and detoxification contained in peer-reviewed medical journals. A bibliography of 171 research studies and scholarly papers was published by Dr Thomas Hesselink. They are copyrighted but visible in Chapter 22 of Humble's second book.

The medical and research bibliographic material is organized under these headings:

- ◆ Oxidants as Disinfectants - 29 studies and reviews with cited sources
- ◆ Malaria is Oxidant Sensitive - 67 entries with cited sources
- ◆ Heme is Oxidant Sensitive - 27 entries with cited sources
- ◆ Overcoming antibiotic resistance with Oxidation - 23 entries with cited sources
- ◆ Targeting Iron (Related to Hemoglobin Iron Balance) 10 cited entries
- ◆ Targeting Polyamines (Related to Destruction of Tumors) - 2 cited entries
- ◆ Safety and Research Issues - 10 cited entries

Clearly we're not dealing with a new herb or perfume therapy that might alleviate suffering for a few people. If true as advertised, the breadth of medical applications of MMS is startling. Scientists will soon begin to design more experiments and tests that further our understanding of MMS and how the immune system puts it to use against specific diseases.

Alligators, turtles, and various fowl live and reproduce in what we would call "very badly polluted water." It's clear that in some creatures their immune systems function so perfectly that filth and sewage have little effect on their well-protected living systems.

In humans, various immune-boosting supplements have been rightly understood and promoted - like MMS, colloidal silver, and oxygen - taken separately or together. These empower the human immune system many times over. Even without them alligators don't get parasites or cholera. With MMS and the other immune system boosters, we too might avoid many sicknesses.

#### BENEFITS

Quoting Dr. Thomas Hesselink - referring to the MMS protocol.

I first learned of Jim Humble's remarkable discovery in the fall of 2006. That sodium chlorite or chlorine dioxide could kill parasites in vivo seemed immediately reasonable to me at the onset. It is well known that many disease causing organisms are sensitive to oxidants. Various compounds classifiable as oxides of chlorine such as sodium hypochlorite and chlorine dioxide are already widely used as disinfectants. What is novel and exciting here is that Mr. Humble's technique seems: 1) easy to use, 2) rapidly acting, 3) successful, 4) apparently lacking in toxicity, and 5) affordable. If this treatment continues to prove effective, it could be used to help rid the world of one of the most devastating of all known plagues. [1,2] Especially moving in me is the empathy I feel for anyone with a debilitating febrile illness. I cannot forget how horrible I feel whenever I have caught influenza. How much more miserable it must be to suffer like that again and again every 2 to 3 days as happens in malaria. Millions of people suffer this way year round. 1 to 3 million die from malaria every year mostly children. Thus motivated I sought to learn all I could about the chemistry of the oxides of chlorine. I wanted to understand their probable mechanisms of toxicity towards the causative agents of malaria (Plasmodium species). [3] I wanted to check available literature pertaining to issues of safety or risk in human use.

From Jim Humble's Book II - "Breakthrough" Chapter 22, page 2

Quoting Jim Humble, "MMS is the most powerful anti-germicidal agent on the planet." Whereas oxygen might be helpful in conquering a disease, MMS would be many times more potent because it can go deeper, further, and targeted than oxygen. See Dr. Hesselink's sidebar quotation above.

## **FACTOR THREE: The clinical use of MMS on thousands of living volunteer subjects created a hard-to-refute rationale for the claims of MMS.**

Can you think of any medical or health product that was tested formally or informally on 75,000 people? They were sick human volunteers going to clinics, distribution centers, and hospitals in a number of countries between 2001 and 2006. The patient records and their recoveries are well supported and are valuable to the clinicians and researchers whose careful methods will require such evidence.

Like the famous scientist "Velikovski" who 50 years ago went directly to the public with his bizarre (at the time) ideas about the flow of electricity throughout our solar system ("Worlds in Collision" book), Jim Humble took the same approach - he went straight to the public with his findings. As a result there are too many people that were under a death sentence who drank MMS a few times, then walked away disease-free - too many of them to ignore or easily refute.

In almost any area of science, statistical methods ought to be employed, in which you gather a small sample of the population, verify that the subjects are not all of one nationality, and that there's a good mix of tall people, short people, females, males, various skin colors, and a wide variety of people in other ways. This is your sample to be tested, counted, and studied for years if necessary, thus enabling predictions that can be trusted.

Jim Humble was acquainted with those procedures, being skilled in advanced mathematics and a very capable inventor in other areas as well. However, the MMS discovery is too cheap and too effective which means that no corporation is likely to make money from it. And if the drug corporations don't promote a new drug, doctors won't be trained to recommend or administer it.

At two cents per dose, it's unlikely that pharmaceutical companies will set up national conferences and doctor training seminars where scientists give speeches about a new two-cent germicidal agent that seems to eliminate all known toxins.



Jim Humble (left) at the Malawi Bureau of Standards in 2006. Right side: Zahir Shaikh, humanitarian who funded MMS for the entire country.

Worse, the MMS protocol empowers people to mix it themselves in their kitchens. They're told to independently adjust their own dosages based on how they feel and how rapidly they want to see change in their health. A copy of the dosage-protocol is at

[\[http://killthevirus.com/MMS-protocol.pdf\]](http://killthevirus.com/MMS-protocol.pdf)

Imagine - no prescription, no medical insurance forms, no outpatient appointments.

Jim Humble was funded by generous philanthropists to take MMS directly to countries where disease is rampant. With political assistance and selfless volunteers, he got approvals from city and

national governments to administer MMS to persons who had a wide variety of diseases - TB, malaria, herpes, HIV, fungus, parasites, - and most of the other items on the pathogen list above.

Jim Humble did this before politics or corporate interests could impose a 20 year wait involving millions of research dollars and the death of millions of people while waiting for formal statistical proofs about MMS efficacy. Yes, Jim Humble went straight to the public with his discovery.

Here's what Jim invented: The MMS chlorine dioxide gas had never been packaged in such a way that you could use it internally. The strong chlorine dioxide cleaning products produce strong disinfectant action capable of burning the skin in some cases. You would never take that internally. [Don't even think of it.](#)

Nor had it occurred to anyone that chlorine dioxide would be useful to the immune system even if it was ingested internally. At first glance, it might be imagined that MMS could harm the body. What if MMS were to attack living cells with the same vengeance as when it attacks viruses and bacteria?

It was a serpentine path that led Mr. Humble through various procedures with stabilized oxygen and hydrogen peroxide treatments, gradually searching further for other oxidizing agents that might be more reliable than the "hit and miss" experiences he had at that time. Remember also that most of the experimentation was done with coworkers in far away jungles - situations where sick people begged for any solution that might bring them back to health - no matter how experimental and unproven (at that time).

Once Mr. Humble struck upon the 28% sodium chlorite solution, that we mix with a mild acid as we know the protocol to be today, and finding it to be tolerable, reliable, and already understood chemically from its use as a germicide, he came back to the U.S. and after a few false starts began traveling to other small nations as funding would permit. Broad scale testing of MMS began in 2001, spanning about five years.

As Mr. Humble migrated through various countries - described in his free PDF book titled "Breakthrough," downloadable here [\[http://mmssupersite.com/MMS-book1.pdf\]](http://mmssupersite.com/MMS-book1.pdf), clinical centers were set up in various places where records could be kept and blood tests recorded. Some cities welcomed MMS for their prison populations. Some countries enabled Jim to train hospital staff to administer MMS to sick and dying people.

Jim is "along in years" and, if you download his book, you'll see that he's donating his books and writings to all people everywhere in the hope that this broad-spectrum detoxifying protocol (already approved as a superior water purifying chemical) will be exposed broadly and used to reduce suffering and early death that is quite unnecessary when MMS is used privately as the protocol suggests.

Jim's primary question is why people contact him to ask for proof, scholarly publications, and documentation that MMS does what it claims to do.

Jim's reply is that such people haven't read his books. Almost every chapter presents letters from hospitals, case studies, reports from medical doctors, and technical analysis

of various situations. His two books are laced with bibliographic materials, and supporting materials. Most readers skip over them, then accuse him of wild unsupported claims. One typical letter from a hospital in Kenya is <http://mmssupersite.com/letter-ball.jpg>. There's plenty of documentation like this and clinical records that under gird the MMS claim.

One quote from Humble's book:

*After taking the Miracle Mineral Supplement . . . patients are often disease free in three days and other diseases and conditions simply disappear. If patients in the nearest hospital were treated with this Miracle Supplement, over 50% of them would be back home within a week."*

For persons who "want more evidence" you ought to examine recordings, and videos that Adam Abraham has produced on one of his web sites <http://phaelosopher.wordpress.com/>. He has one very interesting audio recorded at a hospital in Mexico where Dr. Humiston had been given an MMS bottle with personal explanations of what it does and how to use it.

Later the doctor got a miserable cold so he stayed home - took a "sick day." Lacking energy and feeling bad, the doctor remembered the MMS bottle which he had taken home. Around noon he mixed a few drops as suggested and drank it. At 2 pm he was feeling ambitious again, and looked at the clock to see if it was too late to go to work and get some things done. It's a very convincing story when you listen to it - typical of testimonials that continue day after day.

A group of 75,000 people IS A POPULATION in statistical terms. No one died from MMS. The patients were seen getting better from killer diseases such as TB, Malaria, HIV and most or all of the others. Do we need proof that white paint, after two or three coats will be white? Experimentally, after enough people paint with it, we no longer ask for statistical proof about whether it works. It will be hard to put statistical analysis to work on MMS except to analyze specific diseases - leprosy, Morgellons, and others.

**This independent review has exposed three factors** that make it highly likely that MMS will achieve high placement in our arsenal of broad-spectrum agents for human detoxification and reduction of disease.

Over 11,000 bottles of MMS are being shipped each month from various production labs, such as the main laboratory at GlobalLight.net in Texas <http://globallight.net/>, for example.

This writer has started an effort to collect another 75,000 stories, testimonials, case studies, and statements that further document claims about MMS and its health-restoring benefits. Results from your voluntary uses of MMS would be helpful in piling evidence upon evidence.

This is a new site devoid of advertising or sales where MMS users can type in their experiences related to MMS. At <http://MMS-central.com/> you can post your experiences. They'll be reviewed and posted later as you will see. When you go there, you'll always return back to the site you came from. MMS web masters, take note that you can safely send customers to this new site to read testimonies or voluntarily submit stories.

At <http://MMS-central.com/> news items will be posted as people (from many countries) discover new MMS uses and benefits. MMS is being applied to pets, skin care, newly evolving viruses, children's diseases, prostate and other cancers, and other yet-to-be-discovered ways of using Jim Humble's discovery.

We have too little experience with MMS effects on leprosy, but someone may soon report on their experience with it. Regarding cancer, an important article was published last month claiming that most cancers may be triggered by bacteria. If so, they will be vulnerable to attack from MMS. That article is at [\[http://www.rense.com/general80/canc.htm\]](http://www.rense.com/general80/canc.htm) with bacteria pictures. There are MMS testimonials stating reversals of cancers, but testimonials aren't adequate for proving or disproving efficacy - not yet.

**This independent review of the claims about MMS should elicit expressions of gratitude to Jim Humble who pursued his vision with tenacity.** We welcome this new anti-bacterial agent, discovered just in time when new diseases and viruses seem to be appearing.

Thousands of those "experimentalists" mentioned at the top have already adopted the MMS habit. With MMS, people can take personal responsibility for their health. People don't come back to their MMS web sites to buy more - they already have a year's supply. Instead they come back to check on the latest "tip of the week."

Those people in the first paragraph tried silly alternate uses for common products and MMS will probably generate new improvisation opportunities. You can even try the MMS tips privately. No one needs to know the personal pleasure you find in "trying things to see if they work,"

*Here's today's tip of the week for those who volunteer to get serious. This should reveal your personality type.*

After mixing a morning MMS 5-drop dose and weakening it with 1/3 cup of water, dip three fingers from your right hand into the fluid and dab a few drops under your left arm. Then the left hand - three fingers into the fluid for the right arm pit.

There - you have a long lasting underarm deodorant in place - a blessing for everyone who works around you. MMS is a powerful deodorizer as MMS readers have been taught. Some people may need the seven drop strength.

Next, get ready to drink the cup. But what about the germs from your hands and under your finger nails that are now in the fluid? Surprise - you have three sanitized fingers on each hand - probably the cleanest parts of your body. There are no germs.

Now to finish - you must drink the cup. MMS is a water purifier, remember - so loyal believers will not doubt its efficacy - they will drink it down.

Now you can send email to your friends with this subject line: \* \* \* The MOST POWERFUL, PERFECT, and CHEAPE\$T deodorant in the KNOWN UNIVERSE \* \* \*. Tell people it's longer-lasting than vodka-soaked grass clippings" mentioned at the top.

That's the MMS tip of the week. In future tips you'll be told to put 40 drops in your swimming pool so you can bathe more than just your fingers.

Seriously, there are MMS tips scattered all over the internet, some of them at <http://MMSsuperSite.com>. Precise methods for treating skin burns, clearing gray film from windshields, dealing with candida, etc. can be found.

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**Let us work to reduce world suffering and improve the quality of life for all people everywhere. Then we can properly enjoy and take pleasure in this abundant planet that so easily could provide more than is needed for the comfort and well-being of all people.**

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