

## **Faithful Hands-On Healing:**

The ability to help each other heal has been designed into each of us as a part of our "automatic" functions. To harness your own inherent Faith Healing ability, you simply need to learn to be the "you" that Yahweh designed you to be! Earnest, heart-felt prayer, together with simple body awareness meditations, and hand positions are all that is required. Those who apply these simple principles and techniques that Yah'shua originally taught us, can become highly capable practitioners in but a single day. This is because the ability to help others heal is an inherent part of people's essential nature.

Faith Healing is a method of hands-on healing that many times, must literally be seen to be believed. Employing only a very light touch on yourself or others, you can profoundly accelerate the body's own healing response. The effect is so immediate and extraordinary; you can actually see bones in the body spontaneously realigning themselves or witness other equally amazing physical, emotional, mental or spiritual shifts occur right before your eyes. Since the body decides where and how to heal itself, you need never worry about doing it right. Beyond structural realignment, pain and inflammation are quickly reduced, while organs, systems, glands, and emotions become balanced and spiritual well-being is achieved.

Just as new cars coming off the assembly line are all equipped with a steering wheel, windows and doors, the ability to help heal each other is automatically built into the human system. As surely as children are endowed with the ability to walk, learn language, laugh, cry, and love, we all have the ability to be healing practitioners.

Once you have recognized your own Faith Healing abilities, you can never forget how to do it. The process is very much like

learning to ride a bicycle. Before you begin, the idea of sitting upright on two skinny wheels would probably seem quite impossible. When you first start to stay upright, it seems like a miracle, but after some time, it becomes completely natural and expected. When you first observe the results of using Faith Healing, the experience will often be surprising and unforgettable. Beyond this, there is an immense joy and satisfaction in knowing that you can assist others in their healing process.

To promote the healing response, you must simply have faith in Yahweh's design of our human body and spirit. To go beyond the base levels of the body - cells, tissues, organs, and systems - and arrive at a junction between mind and matter, the point where spiritual consciousness actually starts to have an effect, you must have faith in His Holy Spirit component as Yahweh designed it. There is such a point where spiritual consciousness and physical matter intersect, and this junction is accessible to us through our love and intent.

By harnessing the innate power of our love, we can dynamically and positively activate the body's own healing process. From the DNA to the bones, all cells and systems effortlessly respond to the healing vibration of our love.

Practitioners from many hands-on healing modalities that have objectively studied Faith Healing have reported that it significantly increased the power or effectiveness of these "alternative" healing modalities. Chiropractors think of it as an advanced form of chiropractic. Physical therapists think of it as a more effective form of physical therapy. Similarly, acupuncturists have reported that it works like an advanced form of acupuncture. Reiki masters call it "Reiki empowerment". BodyTalkers call it "Turbo-BodyTalk". Faith Healing combines seamlessly with numerous other techniques to enhance their

effectiveness: massage, shiatsu, jin shin do, acupressure, polarity, cranial sacral, therapeutic touch, BodyTalk Systems, healing touch and so on.

Faith Healing is a wonderful stand-alone therapy for people with no previous training. This may well be the easiest and most effective healing technique that there is to learn. Nearly everyone can learn to do extraordinary healing work. It is so easy, you can learn from simply reading this article! Children can usually learn to do this work almost immediately.

Faith Healing empowers you to help friends and loved ones to relieve a tremendous amount of pain and suffering. It is truly one of the essential life skills we should all know and appreciate. Just imagine if we were all to live in a world where healing was considered real, where healing was universally practiced, and where humanity's kind and generous good nature could be readily expressed. Thank Yahweh that the Messiah will return!

It's not important that you know everything just the important things. Spiritual resonance is one such thing. There truly is a mystery and a wonder in the seemingly simple function of Spiritual resonance. From the galaxies to the subatomic, all people and particles dance to its power. If a piano and a guitar were both in tune and a G was played on the piano, the G string on the guitar would also vibrate. Sound waves that move air particles are transferring the acoustical energy from the piano to the guitar.

Similarly, tuned oscillators, that is, things that can vibrate at the same frequency, require very little work to transfer energy from one to another. In this example, the string on the guitar absorbs the energy waves from the piano because it is tuned to the same frequency. Whenever there are similarly tuned oscillators, they form what is called a resonant

system. The guitar and piano string are resonating with one another.

If pendulum-type grandfather clocks were mounted against a wall with their pendulums swinging out of phase to one another, in a matter of days, their pendulums would lock into phase and beat together. In this case, energy transferred through the common wall would be sufficient to allow the clocks to come into phase with one another. This is "entrainment", a phenomenon that allows two similarly tuned systems to align their movement and energy so that they match in rhythm and phase.

This phenomenon also occurs in the area of electronics. When you have similarly tuned oscillating circuits vibrating at similar frequencies, the slower circuit will rise to match the speed of the faster one. In both of these examples, we can see how energy is transferred from one similarly tuned system to another.

What can we learn from all this? First, when two systems are oscillating at different frequencies, there is an impelling force called Spiritual resonance that causes the two to transfer energy from one to another. When two similarly tuned systems vibrate at different frequencies, there is another aspect of this energy transfer called entrainment, which causes them to line up and to vibrate at the same frequency.

Entrainment is the process by which things align their movement and energy together to match in rhythm and phase. This works with biological systems just as well as mechanical ones. On warm nights in many parts of the world, fireflies gathering in a tree will light up at random. Before long, they will all be turning their lights on and off in a coordinated manner.

We have often heard crickets or frogs all finding the same rhythm and coordinating their

sounds to one another. In these cases, nature finds it useful or perhaps economical to rhythmically entrain the individuals. Perhaps through a more mysterious process, women sharing a house or dormitory over time will find that their menstrual cycles will rhythmically entrain as well. Scientists have found that even disembodied animal hearts, when kept alive in a lab and placed near each other, will entrain - the individual hearts will begin to beat in unison.

The process appears to be universal. Itzhak Bentov may have been absolutely correct in 1977 in his fascinating book *Stalking the Wild Pendulum*. He states, "We may look at disease as such out-of-tune behavior of one or another of our organs of the body. When a strong harmonizing rhythm is applied to it, the interference pattern of waves, which is the organ, may start beating in tune again." He postulates that this theory may account for the reason energy healing actually works. It happens to be "scientifically" true, however it is not essential for us to always fully understand the "science" behind Yahweh's designs.

When two things are vibrating at different frequencies through resonance and entrainment, either the lower vibration will come up, the higher vibration will come down, or they will meet in the middle. In Faith Healing, practitioners learn through prayer and meditation techniques to raise the vibration of their hands to a very high frequency.

When they place their hands in proximity to someone else who is in pain, their client's body, like a similarly tuned circuit, will resonate and entrain to the practitioner's hands. Love is the universal vibration or Spiritual resonance that allows people to transfer healing energy from one to another.

In his book, *Loving Hands Are Healing Hands*. Bruce Berger writes; "Sympathetic resonance describes the tendency of two wave

forms with the same degree of arc to vibrate sympathetically together, energizing and communicating universally with each other. Thus wave forms of the same length and frequency will entrain and influence each other throughout all creation. This is the key to understanding one of the dynamics that holds creation together, and to understanding our theory of the body as the energy of **sacred** sound."

When working with Faith Healing, the practitioner holds the highest vibration they can, which becomes the dominant frequency. The "healer" (otherwise known as the client or patient), that is, the person whose body is healing, will simply entrain with and match the Spiritual resonant vibration of the practitioner, whether he knows it consciously or not.

The definition of a great healer is someone who was very sick and got well quickly. When you understand Faith Healing as Yah'shua demonstrated it, then you will also understand that anyone who claims to be able to heal others is either ignorant, mistaken, arrogant, or delusional. All they are doing is providing the Spiritual resonant energy to allow others to heal themselves.

The practitioner simply holds a tremendously strong FAITH in his harmonizing energy, and the client's energy grows from and matches that vibration. The innate body intelligence of the person receiving the energy will do whatever the body deems useful to cause healing to occur.

The body heals itself with an unfathomable level of intelligence. Western civilization often takes the body's innate healing ability for granted, but it (the body) is its own true healer. If we look at the cells of our body, we see that we have hundreds of billions of cells that are constantly feeding on oxygen and the food we eat, and releasing carbon dioxide and other waste materials. Every single

one of many billions of our cells has the DNA coding and capacity to reproduce the entire body! Naturally it also has the DNA coding and capacity to maintain that same body as it was designed to do! These cells are also busy reproducing and self-healing, with thousands of microscopic changes taking place every minute of every day!

At every moment, each of us is awash in the perpetual movement of the Spiritual resonant life-force energy that streams through and around our bodies. Like the fish who has no concept of water, it has only been modern Western cultures who have denied the existence of our Spiritual resonant life-force.

According to the rules inherent to the scientific method, everything must be measurable in order to concede its existence. Since scientists do not have sensitive enough instrumentation to measure or prove the existence of Spiritual energy, they deny that it is real. This is like denying the existence of a television channel because your set does not receive that station. It is also like denying the existence of love because you can't measure its length or weigh it on a scale.

Spiritual resonance is the energy that differentiates that which is living from that which is not. It is the animating current of life, which has been acknowledged, appreciated, and utilized by numerous cultures around the world for thousands of years. The Chinese call it "Chi," and the Japanese call it "Ki." These countries and many others utilize the energy for various healing massage techniques, acupuncture, and numerous forms of martial arts. The Indian yogis have called the energy "Prana" and have used their understanding to achieve higher levels of consciousness through their practices of yoga, pranayama, meditation, and various healing practices. The Hawaiian Kahunas referred to it as "Mana" and also used

it for hands-on healing, distance healing, and for prayer.

The irony is that all people actually feel the Spiritual resonant life-force within them every moment of every day. They are just not aware that they are feeling it. For most of us, the sensations of the Spiritual resonant life-force energy can be analogous to the background noise of the street where we live. We have grown so completely accustomed to it that we no longer notice it. We only notice the street noise if we stop and pay close attention to it. Sometimes, the most blatant and obvious things are the very last to be seen or acknowledged. Spiritual resonant life-force energy is just such a thing. Yet despite the lack of awareness, it is easily felt by most individuals without much effort. We just need to know how to look for it.

The true magic of touch! For decades, physicians and psychologists have been praising the tremendous value and importance of touch. Studies have shown that babies who are not touched will not grow as quickly as their counterparts who are held regularly. Beyond slow growth, these babies often have weakened immune systems and are more subject to illness. Babies who are profoundly deficient in their need to be touched, may also suffer severe emotional damage and even violent behavior. Psychology studies have also shown the devastating impact of not being touched in experiments with monkeys taken away from their mothers.

If touch deprivation is abusive, then it stands to reason that abundant touch would be healthy and beneficial. In Jean Liedloff's excellent book, "The Continuum Concept," she discussed how children of the stone age Yequanar Indians, living in a "primitive" community in the Brazilian jungle, were held constantly when they were young. As the children grew up, they exhibited no violent

behavior. In her two and one half years with this tribe, she realized that children willingly obeyed their elders, and that toddlers played peacefully together without ever arguing or fighting.

Consider that in our "modern" society, it is still a common practice for babies to be separated from their mothers at birth due to medical intervention in maternity wards. These isolated babies hear nothing but the crying of other newborns. Away from the arms of their mothers, they cry themselves to sleep.

The question raised is this: What is touch, and what makes it so important? If touch were merely physical contact, a mechanical rocker and a moving piece of rabbit fur could provide a baby's touch needs.

But the value of touch is not merely physical. It is much more than just the mechanics of being stroked. The true value of touch is the Spiritual resonant energy; the essence of love that is with that touch.