

## **Human Meta-Skills: MindScape -**

### **Remote Viewing & Remote Influencing:**

#### **Self-Engineering Skills to Enhance Intuition, Creativity & Manifestation**

Therapist Julie is treating a patient in her clinic. As she works, her intuitive mind begins to reveal layers of information on her patient's problem, information vital for the success of the treatment, which would have normally eluded an untrained mind.

In a sitting-room miles away, Tony reclines on his sofa, engrossed in a fascinating encounter with the male and female archetypes of his psyche, gaining new in-depth insights about himself that will prove invaluable for enhancing his interactions in life.

On a plane bound for New York, Joseph is mentally rehearsing, right down to the minutest detail, the important presentation he will be delivering to a business client in a few hours' time. In so doing, he is laying the foundations for a superb performance.

In all three of these cases, the common factor is that these people are utilizing the normally latent abilities of their mind. They are using more of their resources than the average individual is trained to; they are using MindScape™ techniques. MindScape™ is a weekend workshop that leads participants to 'open' the powerful latent intuitive powers of the mind, and learn techniques such that one can tap into this resource at will, to immense benefit.

It is taught in various countries around the world both to public audiences as well as specialized groups that include therapists, athletes, and top businesspeople. Clients include some of the world's biggest companies, who have found the methods effective in enhancing creative thinking and intuition within

the ranks of their senior executives and managers.

But prior to discussing MindScape, let us take a brief look at that most wonderful asset we all possess, the most complex device in the known universe: the mind. MORE THAN JUST A SUPER COMPUTER - we are all familiar with the statement that the brain is a super computer. Modern scientific research not only supports this fact, but also takes it much further than we ever imagined. Today we know that it is actually each of the neurons (*brain cells*) that make up the brain that is a computer in itself. Considering that we have no less than 10 billion of these neurons, each with the ability to handle up to 100,000 inputs, the implications are truly awesome.

Even more important considerations are those that clearly position the mind as being so much more than a mere computing or thinking device. One important aspect is its pivotal role in man's health and wholeness. We are today very aware of how our mind can affect our body, and the way that subconscious mindsets and belief systems can determine our state of health is today widely known by every holistic therapist.

With quantum physics, the realization of the mind's nature truly takes vast leaps forward, moving into new dimensions altogether. This 'new' physics has put forward ground-breaking concepts about the holographic nature of the mind that force us to rethink our model of life, particularly in terms of space, time and the extent of the mind's influence within this continuum. This amounts to a paradigm shift that opens exciting and outstanding new possibilities when we learn to tap into the powerful intuitive faculties of mind, as the MindScape™ participant gets to prove for him/herself during the weekend course.

Staying at base level, the fact is that everything we do in our lives, from reading this

article to formulating a multi-million business plan, is dependent on how we use our mind for its degree of success or otherwise. Yet given this paramount importance of the mind in dealing with everyday life, it is ironic that most people are still only using a fraction of their true abilities. Why do we plod through life aided only by a pocket calculator when we actually have a powerful super-computer in our head that could help us achieve so much more success in every aspect of our lives?

The answer is that we are not trained to do otherwise. Or perhaps more correctly, we are conditioned to do what is considered 'normal'. As can be seen in our education systems and the way we are brought up even as children, society still tends to neglect the tremendous power of the creative and intuitive mind.

WHAT IS MINDSCAPE™? Throughout the ages, many individuals and groups have discovered that certain techniques allow the mind to yield its latent powers, rewarding the user with the ability to achieve what appears to be outstanding abilities and to enjoy more in life.

From the indigenous shaman who communicates with nature, to the inventor who taps into specific mental states for heightened creative thinking, methods of mental dynamics have been used to achieve results that often transcend the boundaries of what we have been conditioned to accept as the normal confines of mental ability. Knowledge has always been power, and often these methods were kept secret, passed down to a privileged few. Today, this knowledge has been streamlined with modern scientific findings and is more available than ever before. These techniques are taught in Mindscape.

For a number of years, the fundamental techniques were taught by *John and Esther Veltheim*, founders of the *PaRama School of*

*Life Sciences*, as part of what was then the *Life Management* program. In 1994 I was an instructor of this program when *Dr. Veltheim* invited me to assist him in the task of formulating the material into the modern format. The original methods have now been fine tuned in line with cutting edge scientific discoveries, and some of my own experiential research has been integrated, forming the Mindscape™ workshop as I am teaching it now.

The principle of Mindscape™ is a simple but highly effective one. There is a particular state of mind, the alpha state (*a state discernable experientially, as well as quantitatively using EEG*) that is more conducive to creativity and intuition than others. Renowned geniuses and inventors such as Edison, Tesla, Einstein, Mozart and others have been known to use their own, often crude ways of accessing this state, in order to originate creative ideas. Today, a Mindscape weekend workshop is the easiest way to acquire these abilities for life. There are also distinct advantages. Firstly, it provides the participant with a way of tapping into this state at will. Moreover, it creates parameters that enable one to open new horizons that he or she never thought possible.

During the weekend, participants are led into a deep state of alpha - deeper than that normally accessed in daily life. While in this altered state, a 'workshop' is constructed in their mind, a specially designed structure - the Alpha-mind - that provides an effective framework for an astounding variety of techniques. The benefits and uses of Mindscape™ are many. Among the most well-known are:

- Enhancing creativity and balanced thinking;
- Providing an interactive link with the subconscious, and hence opening vast

possibilities for self discovery and personal development;

- Providing a very powerful method for visualizing and manifesting affirmations and goals;
- Acting as a mind-body interface, as utilized by top athletes for their mental training;
- Heightening the powers of intuition to the extent that they can transcend normal boundaries ;
- Training the imagination, as well as relaxing and helping to de-stress both the mind and the body.

Needless to say, these are highly advantageous benefits to everyone, particularly in view of one over-riding fact - they work very effectively.

The Mindscape™ workshop has opened vast new horizons for countless people around the world, from all walks of life, from students and housewives, to psychologists and top executives.

In a time when our technological progress continues to diminish how much of our mind's resources we use, Mindscape™ is a superb way of unlocking the potential of our mind and using it to enhance our life and our work in so many ways.

For therapists such as BodyTalk™ practitioners, the advantages are even more pronounced. Mindscape™ imparts the ability to tune in to patients at various deep levels of being and even enables the practitioner to treat at a distance.

For the BodyTalk™ therapists who have integrated Mindscape™ techniques into their personal repertoire, this has virtually opened a new chapter in BodyTalk™ practice. Seasoned practitioners will be aware of the direction that advanced BodyTalk™ takes toward working beyond the physical levels to consciousness and energy.

The most significant levels of proficiency are achieved when intuition is integrated into the treatment.

There are three main aspects of using intuition in BodyTalk™, or in any applied healing modality. First, when the protocol points to a link in any part of the system, such as an organ, through a sharpened intuition one can tune into that part and discern the problem or link that needs tapping. At its most proficient, this skill becomes equivalent to actually communicating with the part in question, and spectacular results often follow.

Second, when one has attained the necessary practice to know when to trust the intuition, treatments become faster, more effective, and closer to permanent. This is when the intuitive practitioner goes straight to the very links that need tapping. The third benefit for therapists - indeed for everyone, therapist or not - is the one that workshop participants usually leave the weekend so excited about. In Mindscape™, we not only talk about heightened abilities but also prove them, and by the end of the weekend every participant gets to practise the Mental Scanning technique and tune into the universal consciousness.

In effect, this provides access to various levels of information within this collective consciousness, and one of the most spectacular ways to see it in action is by tuning in to other people within it.

Mental Scanning serves a number of important purposes. Besides giving the participant a technique useful in various life scenarios, it also serves to prove the ability to link in to universal consciousness. This amounts to a paradigm shift which, once internalized, paves the way for all manner of new possibilities in life.

This method also makes it possible for the BodyTalk™ practitioner to treat people at a

distance. Although hands-on BodyTalk™ always takes first preference, the ability to effectively treat any person or animal even when they are miles away has its uses, especially for emergencies.

The procedure is similar to that of using a surrogate, except that in this case the patient is not present, and is not in contact with the patient and/or surrogate. Moreover, this procedure starts where the standard protocol leaves off, namely giving the ability of treating people at any time period of their lives, even when they were five years old!

Another groundbreaking aspect is that using the same methodology, it is also possible to treat oneself with the entire BodyTalk™ protocol. Again, the focus can be at any age. To those who have not been introduced to this paradigm, all this may seem incredible, but it is actually very much in line with what modern quantum physicists are today telling us about the nature of the mind and the universe.

The paradigm shift of Mindscape™, the way it enhances creativity and intuition, and the wonderful abilities it confers, are all invaluable qualities that put the practitioner on the cutting edge of holistic therapy in general and BodyTalk™ in particular.

At the time of writing this article, much of it was simply copied by the author from promotional publications of *Kris Attard*. *Kris* was originally from Malta and was *PaRama's Senior Trainer* of Mindscape™, and a BodyTalk™ practitioner. He had been administering *Awareness Workshops* and had been teaching Mindscape™ for several years, conducting regular trainings in Malta, Europe,

USA and Asia, to public groups, therapists and companies. Amongst his Mindscape™ clients are major multi-national corporations, where Mindscape™ is taught at the top executive level.

The author has direct experience with Mindscape™, and has found the skill-set to be remarkably useful and adaptable to a great many purposes.

The author also has extensive training and experience in the art of Remote Viewing and Remote Influencing; applied skills that although share some similarities with Mindscape™, the author feels are even much more advanced, and ultimately provide a far more diverse and useful skill-set.

Remote Viewing and Remote Influencing courses are available from a large number of providers. The author recommends that interested parties should do their own research into these matters before jumping into any course, or purchasing any training manuals.

One reliable, very experienced and well informed provider of training materials for Remote Viewing and Remote Influencing that we are comfortable referring our readers to is: **ARVARI - Academy of Remote Viewing and Remote Influencing**, presented by its founder, Gerald O'Donnell, c/o [www.probablefuture.com](http://www.probablefuture.com)

If you have any questions about Mindscape or about the practical applications of Remote Viewing or Remote Influencing, please feel free to contact us at anytime at: [Yahweh@naturalgod.com](mailto:Yahweh@naturalgod.com)